Analysis Method Taruna Kopel Volleyball Practice for Improving Performance in Laplace Method with Integration War Taruna Week in the Air Force Academy

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Abstract

Research Singer aims to review determine Methods Training Right for review cadets KOPEL volleyball, so BEFORE Facing pictar Upcoming coaches will can be Providing intensive training shown to cadets KOPEL volleyball WITH Methods Right so hopefully achievement volleyball The TIN can be optimally subjects The study is Taruna. Data Processing is done WITH Method Laplace criterion, that Genesis Found OR circumstances have the opportunity to review the possibility of the same thing the same is applied. ADA so that some training method which allows to improve the achievement volley review. Of Data Processing can be concluded that the training method which allows to improve the achievement volley review Better is “Train Operating Players Cooperation systematically improve CHARGES WITH EVERY day exercise Physical And Always Keeping the spirit of the players.

Keywords: Laplace method are equal likelihood, Volleyball training methods.